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Report on the Campaign on Swachhta Pakhwada on 28 December, 2020

As part of the 'SwachhtaPakhwada' campaign on cleaning of sewerage and waterlines, awareness on recycling of waste water and harvesting, water harvesting agriculture/ horticulture/ kitchen gardens for local communities at Bharatpur, Bhubaneswar, Khurda district, a demonstration was made on how to raise nutritional garden in their backyards. Emphasis was given on importance of utilizing the waste water for developing the garden and pointed out the drawbacks of polythenes in their day to day life. Discussed with them about the spreading of Corona viruses through close contact with others and put forth the following helpful tips to prevent the spread of germs at home and in their communities.

- Wash their hands often with soap and water or alcohol-based hand sanitizer.
- Wash or sanitize hands after making or receiving deliveries.
- Sneeze and cough into their sleeve.
- If they use a tissue, discard immediately and wash their hands afterward.
- Avoid touching their eyes, nose or mouth.
- Avoid contact with people who are sick.
- Stay home if they are sick.
- Avoid high-touch areas, where possible, or ensure them clean their hands after.
- Where possible, wear gloves when interacting with high-touch areas. Do not touch their face with gloved hands. Take care when removing gloves. Ensure them wash their hands after removing these. Wash their clothes as soon as they get home

The Campaign was coordinated by Dr Jyoti Nayak, Mrs Geeta Saha and Mr M. Prusty.

